

Recreational Services

Extreme Dodgeball Rules

1. Teams will be made up of as many players as the captain wishes with the maximum of four (4) and minimum of two (2) playing at a time on a side; additional players will be available as substitutes.
2. The playing field will be the racquetball court divided into two (2) equal sections by the half-court line.
3. The balls to be used are during the tournament are gator skin balls.
4. Each match will consist of best 8 out of 15 games.
5. The game is won once all players from a team have been eliminated.
6. Each game will have a 2 minute time-limit with the team having the most players remaining declared the winner.
 - a. If there is a tie, sudden death rules will go into effect.
 - b. Sudden Death: First team to have a player eliminated is the loser. (4v4)
7. A player is eliminated when:
 - a. Hit with a LIVE thrown ball below the shoulders.
 - i. All head shots will not count; neither the thrower nor player hit is eliminated.
 - b. Catching a LIVE ball thrown by your opponent before it touches the ground.
 - i. If a ball is caught, the team that has caught the ball brings one player back onto the court.
 - c. A ball used as a blocker is dropped upon contact from a thrown ball.
8. **Live Ball Definition:** A ball that has been thrown and has not touched the floor/ground, another ball, another player, or the back wall.
9. Opening Rush
 - a. Each team will have two balls at their feet to begin the game.
10. Each team will be allowed one 30-second timeout per match.
 - a. During the timeout, teams may substitute 1 player.
 - b. This player must be the next person in line to re-enter the game
11. A team may not possess all 4 balls for more than 5 seconds at a time.
 - a. If this occurs, a dead ball is declared and balls are divided 3 and 3 among the teams.
12. Sportsmanship Ratings will be determined by officials after matches are complete.
 - a. If a team is given a "C" sportsmanship rating, disqualification from the tournament is possible.

Saved as: K:/RecServe/Intramurals/IMRules/ExtremeDodgeball

Updated: 6/8/2012 by Brittany Jaminet