



## **Augustana Running Club (ARC) Constitution**

### **Article I: Name**

The name of this club will be the Augustana Running Club or ARC.

### **Article II: Purpose**

The purpose of this club is to promote running among Augustana students. This club will offer students the opportunity to get together and exercise in a positive environment, while meeting new people who share the similar interest of running. Running with others is an incentive to exercise on a regular basis and maintain a healthy lifestyle, which helps increase focus and academic performance.

### **Article III: Membership**

Membership is open to all Augustana students, faculty, alumni and friends of the College who wish to run or jog with the group during established run times. No dues will be required. Attending a group run or joining ("like") ARC on Facebook is required to become a member. Members can run at their own pace and distance.

### **VII. Core Members**

ARC will be a student lead organization. Core members are the participants who are most enthusiastic about promoting values of ARC (group participation, exercise and healthy lifestyle).

When a student core member resigns or graduates, that member shall be replaced through a recommendation made by other core members and/or the ARC advisor.

### **Article V: Meetings/Group runs**

The ARC meets weekly throughout the year. Members meet at the welcome arch (east side of campus) and run around the block of campus (about 1.2 miles). Additional laps and routes are optional.

ARC meetings will happen two to three times per year with dates and times set by core members.

### **Article VI: Advisor**

The ARC faculty advisor will be Corey Camp.

### **Article VII: Amendments**

Amendments can be made to this constitution by proposal and two-thirds approval of members and/or ARC advisor.

### **Article IV. Budget**

ARC will apply for annual funds through ASA. The first year ARC will apply for the CDF, and in future years ARC will apply for annual budget funds. Revenue will be targeted for (but not limited to) the following: general operating funds, apparel for retail sales, local road race dues.

ARC will participate in the organization and implementation of the VD5K run during Viking Days. Revenue from this road race may also help to fund ARC's annual budget

ARC will also sell ARC t-shirts for profit which will be applied directly to the budget.

### **Article VIII: Goals**

ARC Goals are to promote ARC values and increase annual membership. Personal goals will be individual to each participant. However, participants who run 10 or more times with ARC during the academic school year will earn a free ARC t-shirt.