


Embracing Life Autistically

Judy Endow, MSW

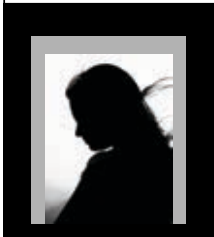


*Hardest things about
my autism:*

sensory/movement differences

hidden curriculum

well meaning people treating me as “less than”
because they do not understand




**My
autism**

is a neurological
difference
in the way
my brain
is wired.

Your diabetes

is a metabolic
difference
in the way
your pancreas
produces
insulin.

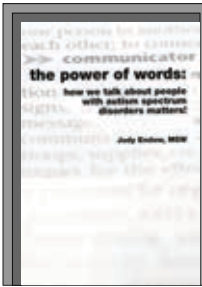


My autism
has neurologically based differences in:
social interaction
communication
behaviors

Your diabetes
has metabolically based differences including:
frequent urination
excessive thirst
extreme hunger
unusual weight loss
increased fatigue
blurry vision
irritability

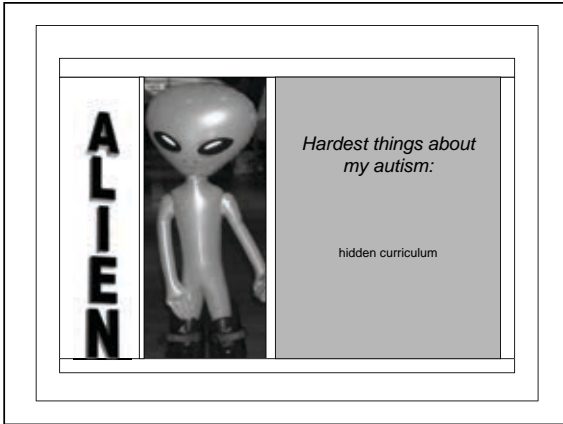


Please be aware
of applying
social interpretations
to the neurologically based
symptoms of autism.



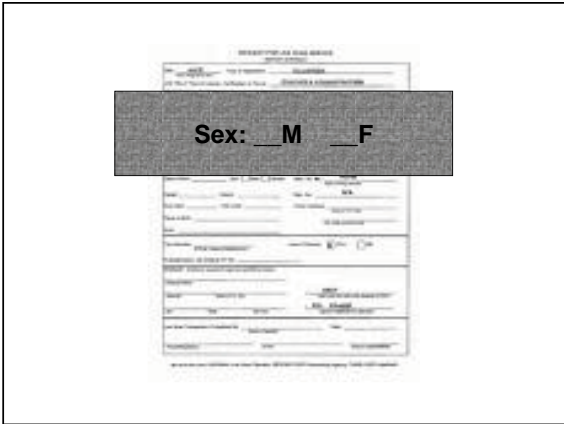
Hardest things about my autism:

well meaning people
treating me as "less than"
because they do not understand
















Paper Words
Discovering and Living
with My Autism
Judy Endow, MSW

Scratched
Soul

pg. 128





**I am not really an alien,
but instead I am
a human being
with autism.**

Hardest things about my autism:
sensory/movement differences

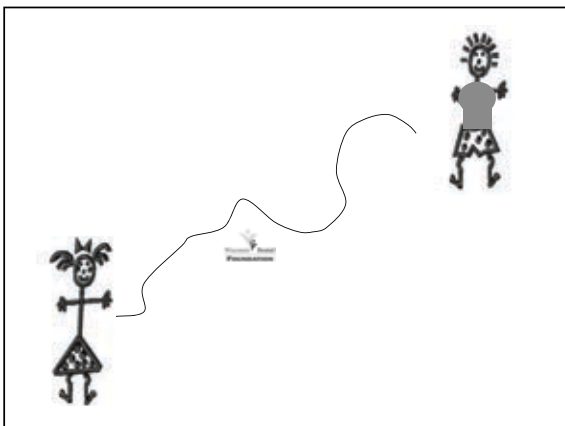
**Embracing
Life
Autistically**

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Make Believe Stories

- “Now that we are doing something she likes, she will come join us at the table.”
- “Yesterday she did it for Mrs. Jones. She must like Mrs. Jones more than she likes me.”

My Reality

- If I **wasn't** dizzy I went to the front table for group work. If I **was** dizzy and thought I might fall over I wouldn't leave my seat.
- I assumed that everyone experienced the world the same way I did.
- I thought everyone else was better and smarter than me.







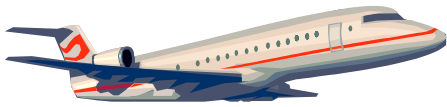








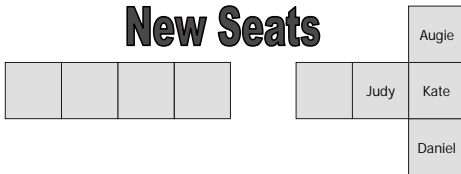
Homeward Bound



Original Seats



New Seats





*Remember:
we are usually doing
the best that we can*

given
the neurology
of our autism.

Scatched Soul Sequel



...
and this is how I come to understand
I have a human place on earth
knowing that I am but one of two
individual matching human souls
choosing to walk together
in this temporal space
that now can be called
"our world"

pg. 180



Books
Art
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by Judy at www.judyendow.com

