



ELMEN CENTER 2ND FLOOR WEIGHT ROOM CHANGES AS OF 8.24.2020

ONLINE SIGN UP FOR WEIGHT ROOM TIME SLOTS:

Due to COVID-19 and the need to facilitate physical distancing in our limited weight room space, you are now **required** to sign up for time slots in the Elmen Center 2nd floor weight room. There are free weights, weight machines, and cardio equipment. Our new weight room capacity is 20 users at a time.

Reserving a timeslot in the weight room through your IM Leagues account. If you do not have an IM Leagues account, please follow the directions on our website at <http://augie.edu/facilities> to set one up. You can reserve two 1-hour time slots per day. Please bring your Augie ID and show up for the time you reserved. If you are 15 minutes late to your reservation time, you will lose your spot.

It is important to note reserving a weight room time slot **does not automatically** get you a time slot on a piece of cardio equipment. Once you have secured a weight room reservation, you can call 605-274-4633 to reserve a time slot on a piece of cardio equipment, if you so choose.

ADDITIONAL POLICIES & CHANGES:

Masks:

Masks are **required** for all users, at all times, while in the weight room. The only exception is if a user is on a piece of cardio equipment and able to maintain physical distancing of at least 6 feet from other users.

Cardio Equipment:

During the week of August 23rd we will be moving approximately half of our cardio equipment out of the current weight room down to the 1st floor hallway area near the racquetball courts. This will enable us to have our cardio equipment in the weight room and in the racquetball court hallway area spaced appropriately to allow safe physical distancing.

Hand Sanitizer:

Please use hand sanitizer as you enter and exit the weight room and frequently throughout your workout.

Cleaning of Equipment:

You are expected to clean your equipment by spraying the vindicator spray on the micro fiber cloth before and after you use weight room equipment.

If you have any questions, please contact Ryan Brown at 605-274-4639.